

Diabetes SA Board Members

Christine Bell

- Appointed President October 2025
- Board Member from 23 April 2025
- Board Member from 27 October 2020 until 14 May 2023
- Past Chair Corporate Governance Committee

I'm passionate about building meaningful partnerships and driving positive change in the NGO sector. With a background in strategy, stakeholder engagement, and leadership across not-for-profit boards and committees, I thrive on connecting people and ideas to create real impact.

My journey is shaped by both professional experience and personal motivation. As an MBA graduate and member of the Australian Institute of Company Directors (AICD), I bring a strategic mindset to every challenge. On a personal note, my family's history with Type 2 Diabetes inspires my commitment to promoting education and access to information for better health outcomes for my loved ones and the wider community.

I believe in the power of collaboration, lifelong learning, and making a difference where it matters most. Let's connect and explore how we can work together to create lasting value.

Lynn Bonython

- Vice President since 22 November 2022
- Appointed to the Board 27 October 2020
- Chair of the Corporate Governance Committee
- Past Chair of Research Advisory Committee

My partner lived with Type 1 diabetes for 51 years. I recall how after visiting The Diabetic Association of South Australia (now Diabetes SA) for diabetes supplies he would emerge full of fresh confidence and knowledge. Having access to compassionate support from well-informed professionals was his lifeline. That's why I now support the work of Diabetes SA through the Board.

I have seen first-hand how research has brought advances in technology and understanding of diabetes, and how these can be game changers in the life of a person with diabetes. That's why I am a passionate supporter of diabetes research.

I bring to the Board my experience as a carer, knowledge of the challenges that living in a non-metropolitan area creates, up-to-date understanding of modern board governance (2023 AICD Company Directors Course), plus the professional and people skills developed through years of community involvement and my career as a public-school teacher.

My commitment is to people – those living with or at risk of diabetes, and those who care for them.

David Scotland

- Vice President since 28 October 2025
- Appointed President in casual vacancy from 23 April until 28 October 2025.
- Vice President from 24 October until 23 April 2025
- Appointed to the Board 25 October 2022
- Chair of Advocacy & Communications Committee (in abeyance)
- Member of Finance & Audit Committee

Having lived with type 1 diabetes since the age of 26, I have a strong affinity with the Association's objectives and a personal understanding of the importance of diabetes education, awareness and research.

My professional background is in politics, public policy and government relations at a State and Federal level and I have worked for South Australian Ministers, Shadow Ministers and Members of Parliament.

I have extensive private sector and NGO experience with a demonstrated record of major public policy and advocacy outcomes across the public, private and not-for-profit sectors. In addition, I have served on Federal and State political and industry policy committees.

I own and operate Outcome Advisory, a government relations and strategic advisory consultancy providing services to a diverse range of corporate and NGO clients.

I hold Bachelor of Laws and Bachelor of Arts (Politics) degrees from the University of Adelaide, am a graduate of the Australian Institute of Company Directors (GAICD) and a Justice of the Peace in South Australia.

"I view Board membership as an opportunity to reciprocate the support that Diabetes SA has given to me and to lend my expertise to the Association's advocacy, communications and fundraising efforts. "

Linzi Carr

- Treasurer & Public Officer since 27 June 2023
- Appointed to the Board 26 October 2023
- Chair of Finance & Audit Committee
- Member of the Corporate Governance Committee
- Member of Building Development Committee (in abeyance)

Having experienced high blood sugar levels in my first pregnancy and being diagnosed with gestational diabetes in my second pregnancy, I experienced first-hand the valuable support of Diabetes SA in assisting me in managing my diagnosis.

Having undertaken my honours degree in health sciences and nutrition, I have a strong interest in health and wellbeing, and understanding the role that education and awareness, strong role models, and research can play in assisting individuals to manage and live with health-related matters associated with diabetes, as well as in the prevention of type 2 and gestational diabetes.

In my professional role, I use my skillset as a chartered accountant and registered company auditor to work with a range of businesses. I communicate with a wide range of stakeholders, working collaboratively to assist clients with business issues, and have a strong focus on developing individuals and teams. I am a graduate of the Australian Institute of Company Directors Company Directors Course.

Claire Dollard

- Appointed to the Board 26 October 2023
- Member of Advocacy & Communications Committee (in abeyance)
- Chair Research Advisory Committee

I am a marketing and communications professional with nearly 20 years' experience in developing strategic marketing and fundraising campaigns that deliver results.

With extensive marketing and communications experience across a range of sectors I have worked in London, Sydney and Adelaide. An innovative and strategic thinker I have been able to identify new opportunities and resolve organisational challenges. With an analytical mindset I have been able to build on existing organisational knowledge, data and research to be able to take an idea from concept through to development, implementation and evaluation.

Bringing people together with a united vision is a challenge that I enjoy and thrive on. My approach is collaborative yet target focused, gaining results by providing practical steps that help organisations achieve their goals.

I am passionate about making a positive contribution in the community and enjoy working with organisations whose work puts the needs of their customers/clients at the centre of their operations.

I hold a Masters in Communications Management with the University of South Australia.

Raj Singh

- Casual vacancy Board position November 2025
- Interim CEO April 2025 – October 2025
- Appointed to the Board July 2023 – April 2025

I hold a Master of Business Administration (Human Resources Management) from the University of South Australia, an Advanced Diploma in Graphic Design & Multimedia, and am a graduate of the Australian Institute of Company Directors (GAICD).

I bring robust business acumen, having managed large-scale businesses while leading impactful projects focused on operational efficiency, financial sustainability, and growth. I specialise in financial analysis, procurement strategies, contract negotiations, and complex problem-solving, which allow businesses to optimise resources and thrive.

Through my consulting firm, Promere Consultancy (Promere Pty Ltd.), I have supported corporate clients in driving operational efficiencies, implementing systems and ERP rollouts, and delivering strategic solutions in commercial, procurement, and financial functions. My consulting practice focuses on providing tailored solutions that enhance business performance and streamline processes for long-term success.

I am deeply passionate about contributing to the not-for-profit sector, particularly with Diabetes SA, which embodies a strong values-driven approach. Its unwavering commitment to improving the lives of individuals living with diabetes resonates with my personal values, and I am proud to contribute to its mission.

Lindsey Gough

- Board endorsed for election in October 2026

Lindsey Gough brings more than four decades of healthcare leadership in Australia and the UK. Most recently Chief Executive of the Women's and Children's Health Network, she was previously Executive Director Clinical Operations and Deputy CEO of Western NSW Local Health District. Her governance experience includes seven years as a Director of Ronald McDonald House Charities SA and a term as Board Director and Chair of the Data Governance Committee of Health Round Table Australia and New Zealand. Lindsey brings state government connection, large health system governance, and philanthropic capabilities amongst other strengths to the Board.

Adam Walker

- Board endorsed for election in October 2026

Adam Walker is a Partner of the law firm, Gadens, and an experienced corporate governance professional, with over a decade as a non-executive director across charitable, health and international aid development sectors. He has served on the board of The Leprosy Mission Australia, including as Deputy Chair and Chair of its Governance and Risk Committee, and, after relocating to Adelaide, The Hospital Research Foundation. Adam is an Associate of the Governance Institute of Australia.

Having a personal connection to diabetes through family experience, Adam brings governance, legal and philanthropic capabilities to the Board.

Rob Frost

- Board endorsed for election in October 2026

Rob Frost is an Account Director at DXC Technology, and former General Manager for Public Sector at Telstra. With nearly 25 years' experience across Adelaide's ICT landscape, he works closely with senior executives and industry leaders to deliver digital transformation outcomes. He has championed community partnerships with Autism SA, the CFS Foundation, and the South Australian Tourism Commission for the Santos Tour Down Under. He is a Foundation Member of Hutt St Centre and is passionate about supporting the mission of Diabetes SA to reduce the impact of diabetes on South Australians through education, advocacy and community engagement. Rob provides ICT systems, cyber governance and philanthropic expertise to the Board.

Chad Collins

- Board endorsed for election in October 2026

Dr Chad Collins is an Adelaide-based GP and health system leader with over a decade of clinical experience treating South Australians with diabetes. He currently serves as Medical Head of Unit for SA Health's Urgent Care Hubs, General Practice Liaison at Adelaide Primary Health Network, and Chair of the Adelaide GP Council.

A former Army Medical Officer deployed to Afghanistan, Chad holds a Master of Health Administration and is a Fellow of the RACGP and Graduate of the AICD.

Chad bringing strong clinical and governance expertise to the Board.