Treating painful diabetic peripheral neuropathy: an update

The American Family Physician has published an interesting update on Treating Painful Diabetic Peripheral Neuropathy which occurs in approximately 25% of patients with diabetes mellitus and significantly affects quality of life.

It typically causes burning pain, paresthesias, and numbness in a stocking-glove pattern that progresses proximally from the feet and hands.

Clinicians should carefully consider the patient's goals and functional status and potential adverse effects of medication when choosing a treatment for painful diabetic peripheral neuropathy.

Click here to find out more.

Additional information

- Diabetes-related complications—Information sheet
- Looking after your feet—Information sheet
- Your diabetes annual cycle of care—Information sheet
- How diabetes can affect your body—Online Learning Program